

## **The Attitude of Parents towards Sports and Games in Khammam District, Telangana State, India**

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**Introduction:** Attitude refers to the behavior of an individual, which shows the tendency of Zeal on other aspects “ROBIN SMITH”An attitude is a predisposition to act in a certain way towards some aspects of the persons environment including other people. Participation in sports & games as countless benefits for the individuals, and among the most is improvement of physical health, strength building, endurance power, body flexibility, and coordination of the ligaments, Physically active.

The trend to develop health, life style, and better diet habits. In Indian nation Sports & Games treated as an activity which only few individuals will participate for recreation purpose only. Youngsters participate in sports & games only during competitions or tournaments even interested sports persons will participate in the sports & games for 1 or 2 months in a year.especially parents bring the children to stadiums in spring season ..just they want to recreate their children instead of to see as a professional sports man...only few people who know about sports are encouraging them up to nationals and some times international standard ..even that is happening in individual sport not in team game for eg ,tennis, badminton, wrestling, boxing,etc., many of the parents says that there is no use of playing games,and they say that the children are wasting the time by playing, if they use this much of time for studies ,they will easily settle in life,..so this the attitude the parents show on sports and games.

This study was attempted to assess the attitude of the parents towards games and sports .and not to criticize any body

### **METHODOLOGY:**

The sample of the present study comprised of 500 parents

,who will come regularly to stadium for evening walk.and they are regular walkers,who are aged between 40 to 60 years old,questions have asked orally regd

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games and sports, general questions have asked them about the participation of children to games and sports .,and they shown that maximum importance should be given to education or professional studies than sports

- 1.The sample is from khammam dist only.
- 2.The age of the parents ate nearly 40 to 60.both male and female
- 3.Nearly 500 parents are participated in oral survey.
- 4.Survey is made at Sardharpatel Stadium in evening hours from 5 to 6.30PM for 60 days.
- 5.Oral Questions are asked the parents towards their attitude of the games & sports.

**Result** : A brief survey is made among the subjects by asking oral questions regarding the attitude and interest about games and sports. They have shown some interesting events regarding games and sports and participation of children.

1. They have given much importance to physical fitness rather than professional sports.
2. They have given least importance to sports and games and much importance to education and professional studies.
3. Only for fitness sake the parents bring their children to play grounds.
4. Many of the parents refused to send their children to play fields.
5. They think that children are wasting their time in participating the games.
6. Parents also quoted that studies will be disturbed if they participate actively in games.
7. Parents also complain against the government that there is no proper encouragement to sports person.
8. They show that schools and colleges doesn't have the play fields to encourage children.
9. Infrastructure facilities must be improved like European countries.
10. Government should take initiative measures to develop sports and games from the ground level by increasing the reservation of sports at a large scale.

**Conclusion:** It was concluded that there has no sustainability interest in parents in

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participating games and sports. To change the attitude of the parents towards the games and sports the Government, social organizations, private sector industries come forward with a blue print that they must assure the benefits which a sportsman can get so that there may be a scope in the change of the attitude of the parents

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